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# How To Read A Paper: The Basics Of Evidence-Based Medicine





## **Synopsis**

The best-selling introduction to evidence-based medicineIn a clear and engaging style, How to Read a Paper demystifies evidence-based medicine and explains how to critically appraise published research and also put the findings into practice. An ideal introduction to evidence-based medicine, How to Read a Paper explains what to look for in different types of papers and how best to evaluate the literature and then implement the findings in an evidence-based, patient-centred way. Helpful checklist summaries of the key points in each chapter provide a useful framework for applying the principles of evidence-based medicine in everyday practice. This fifth edition has been fully updated with new examples and references to reflect recent developments and current practice. It also includes two new chapters on applying evidence-based medicine with patients and on the common criticisms of evidence-based medicine and responses. How to Read a Paper is a standard text for medical and nursing schools as well as a friendly guide for everyone wanting to teach or learn the basics of evidence-based medicine.

### **Book Information**

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#### Customer Reviews

â œThis book adds much to the evidence-based practice debates. After discussing the mechanics of the evidence, it analyzes why it is difficult to change practice habits and how to address these issues. This is a valuable book for every academic library.â •Â (Doody's, 23 January 2015) â œI would recommend this to anyone who is interested in reading and understanding published research papers but who does not have a scientific background. Enjoy the read then keep for later

The best-selling introduction to evidence-based medicineIn a clear and engaging style, How to Read a Paper demystifies evidence-based medicine and explains how to critically appraise published research and also put the findings into practice. An ideal introduction to evidence-based medicine, How to Read a Paper explains what to look for in different types of papers and how best to evaluate the literature and then implement the findings in an evidence-based, patient-centred way. Helpful checklist summaries of the key points in each chapter provide a useful framework for applying the principles of evidence-based medicine in everyday practice. This fifth edition has been fully updated with new examples and references to reflect recent developments and current practice. It also includes two new chapters on applying evidence-based medicine with patients and on the common criticisms of evidence-based medicine and responses. How to Read a Paper is a standard text for medical and nursing schools as well as a friendly guide for everyone wanting to teach or learn the basics of evidence-based medicine.

This book is an excellent, easy to read guide for anyone who needs a better understanding of research studies, and how to evaluate their applicability and reliability. It is perfect for nursing, psychology, and allied health research courses. This book is a compilation of ten articles the author wrote for the British Journal of Medicine (BMJ). If you look online you can find the individual articles scattered here and there and at one point I even found all the articles (essentially this book) as an ebook available for free download. I refer to this book time and time again when I need a refresher on the various aspects of research and also to verify that I hit on all the points when evaluating a study. Great book, very user friendly.

Lots of good information and a great read for people who need to know how to read research papers correctly. I have issues with the number of parenthesis and the number of sentences contained in a single parenthesis, it makes for very confusing reading. Additionally the book tends to repeat itself frequently, making for long and tedious chapters.

The quintessential introduction to understanding how clinical trials actually work, and deciphering the meaning and implications of their findings. A must-have.

Easy read and helps provide useful information to discriminate between good and bad studies.

This should be required reading in every Nursing school. I wish that I had found this book two years ago when completing my Master's in Nursing.

True the basic, read more advance book after this

Great introduction to EBM, useful for beginners. Clear and funny writing.

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